

Helping high-achieving women lead with clarity, confidence, and compassion.

Pallavi Jain

Global TEDx Speaker | CEO | Executive Coach

herbossbrainpodcast.com
jainpallavi06@gmail.com



SPEAKER ONE SHEET

ABOUT PALLAVI

Pallavi Jain is a **TEDx speaker, certified social and emotional intelligence coach**, and former **HR leader at Harvard University** with over **20 years of global leadership experience** across multinational corporations, nonprofits, and manufacturing.

She is the founder of **Her Boss Brain™**, a podcast and leadership platform where she helps high-achieving women break free from burnout, overwhelm, and the pressure to do it all – so they can lead from within and redefine success on their own terms.

Pallavi's unique blend of **science, strategy, and soul** delivers powerful insight and practical tools that resonate deeply with audiences who are seeking more than just another leadership framework – they're seeking a transformation.

SPEAKING TOPICS

Emotional Intelligence as a Leadership Superpower

How leaders can harness EQ to build trust, drive engagement, and create sustainable results.

Burnout: How to Recognize It Early – and Recover with Purpose

Unpacking the wisdom behind burnout and the strategic path to reclaiming your energy and clarity.

The Hidden Cost of Over-Responsibility (and How to Release It)

Why high performers struggle with delegation, guilt, and control – and how to reset those patterns.

From Self-Doubt to Self-Trust

Tools for women to reclaim their voice, power, and intuition in leadership and life.

How Women Can Lead Without Losing Themselves

Creating boundaries, balance, and boldness while navigating the demands of modern leadership.

IDEAL AUDIENCES

- Women's Leadership Summits
- Corporate DEI & Wellness Programs
- Executive Retreats & HR Conferences
- University and Alumni Events
- Nonprofit Leadership Forums

WHY BOOK PALLAVI?

- 20+ Years Leadership Experience, Including 10 at Harvard
- TEDx Speaker with Global Appeal
- Certified Emotional Intelligence & Leadership Coach
- Proven Impact Across Industries and Cultures
- Engaging, Authentic, and Actionable Delivery

AS SEEN ON

TEDx | Harvard | Global Leadership Forums | Women in Tech | Nonprofit HR Summit

BOOKING INFORMATION

Email:

jainpallavi06@gmail.com

Website:

[YourWebsite.com or HerBossBrain.com]

Podcast:

Her Boss Brain (Available on Apple Podcasts, Spotify, iTunes and everywhere)

Based in: [City, State] | Available Worldwide

Forbes

TEDx



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